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can learn to help yourself. By knowing (1) What you can expect and (2) What you can do, you may save your life, lives of members of your family, and the lives of others. There is a defense against the atom bomb.



Almost everything that is known about effects of atom bombs on the populations of cities is based on Hiroshima and Nagasaki, the two Japanese



cities that were atom bombed in August, 1945. The thing to remember is that the people were not prepared for an atom bomb. In fact, after innumerable air raids by American planes, people were indifferent when the air raid alert sounded, and did not seek effective shelter. You can prepare yourself for a possible atom bomb attack, and know what to do if an alert tells you that an enemy plane is on the way.

• When the bomb exploded at Hiroshima, four square miles of the city were devastated. At Nagasaki, one and one-half square miles were totally destroyed. About 66,000 persons were killed and 69,000 injured at Hiroshima, while Nagasaki counted 39,000 dead and 25,000 injured.

For 2 miles from the point of the explosion — called ground zero — there was heavy structural and fire damage.

• For 11/4 miles, radiation injuries.

• For 1/2 mile, almost complete destruction of persons and property.

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## AND THE ATOM BOMB

Self-preservation is a basic human instinct, even in an atomic age ruled by uncertainty. Because man likes to live, he must know how to help himself when disaster strikes.

Besides wanting to help himself, man also wants to help his family, friends, and the people who live and work with him. His wife and children, naturally, are first in importance. If they are safe, he readily will offer his help to others.

Self-help and mutual aid are the two cardinal principles of any effective civil defense organization. You, Mr. and Mrs. Metropolitan Milwaukee, can learn more about how you can help yourselves and others if the bomb falls. This small booklet is intended to give you that information.

Very sincerely yours,

Frank P. Zeicher

FRANK P. ZEIDLER Mayor of Milwaukee Chairman, Executive Committee, MCDDC



Mayor of West Allis Acting Chairman, MMCDC



## ATOMIC WEAPONS WILL NOT DESTROY THE EARTH

Atom bombs hold more death and destruction than man ever before has wrapped up in a single package, but their overall power still has very definite limits. Not even hydrogen bombs will blow the earth apart or kill everyone by radioactivity.



### RADIOACTIVITY IS NOT THE BOMB'S GREATEST THREAT

In most atom raids, blast and heat are by far the greatest dangers that people must face. Radioactivity alone would account for only a small percentage of all human deaths and injuries, except in underground or underwater explosions.

### RADIATION SICKNESS IS NOT ALWAYS FATAL

In small amounts, radioactivity seldom is harmful. Even when serious radiation sickness follows a heavy dosage, there is still a good chance for recovery. Rumors and sensation-seeking publications have exaggerated the extent and horrors of radiation. It is good to remember that only 10 to 15% of the total deaths in Japan were caused by radiation.



The number of casualties after an atom bomb explosion will be determined to a great extent by the people themselves. If they act quickly and seek shelter immediately, the casualty list of Nagasaki and Hiroshima will not be duplicated in metropolitan Milwaukee.

# WHAT IS THE air Raid Warning Signal?

#### SIRENS, HORNS OR WHISTLES

#### ONE 3-MINUTE WARBLING SIGNAL

This will be the sign of a possible IMMINENT APPROACHING ATTACK — three minutes of fluctuating siren screams. This may be supplemented by a series of short blasts from industrial horns or whistles. When the alert is sounded, go to your shelter immediately. Tune in any Milwaukee radio station for further instructions. (See Six Survival Secrets on next page.) The air raid warning signal is the only alert you will receive prior to the attack.



#### 1 MINUTE 1 MINUTES 1 MINUTE 2 MINUTES 1 MINUTE BLAST SILENCE BLAST SILENCE BLAST

#### THREE 1-MINUTE BLASTS TWO MINUTES OF SILENCE BETWEEN

This will be the sign that danger of attack, or attack, is over. You will hear a series of three steady one minute blasts by horns, sirens or whistles, with two minute intervals of silence between. Do not leave your shelter when the "all clear" sounds. Instructions will be given you by radio. (See **Six Survival Secrets** on next page.).





## • ... WHEN THE ALERT SOUNDS

Here are **Six Survival Secrets** for atomic attacks for you and your family. Discuss them often, and make each member of the family memorize the six points.

always put first things first and

1. TAKE COVER. If you have time, get down in a basement or other designated shelter area. Should you be caught out-of-doors, seek shelter alongside a substantial building, or jump in any handy ditch or gutter.



2. DROP FLAT ON GROUND OR FLOOR. To keep from being tossed about and to lessen the chances of being struck by falling and flying objects, flatten out at the base of a wall, or at the bottom of a bank.

3. BURY YOUR FACE IN YOUR ARMS. When

you drop flat, hide your eyes in the crook of your elbow. This will protect your face from flash burns, prevent temporary blindness and keep flying objects out of your eyes.

Never lose your head and

**4. DON'T RUSH OUTSIDE RIGHT AFTER A BOMBING.** After an air burst, wait a few minutes, then report for your assigned Civil Defense duties. After a water or ground burst, wait for Civil Defense instructions.



5. DON'T TAKE CHANCES WITH FOOD OR WATER IN OPEN CONTAINERS. To prevent radioactive poisoning or disease, select food and water with care. When there is reason to believe they may be contaminated, stick to canned and bottled things if possible.

6. DON'T START RUMORS. In the confusion that follows a bombing, a single rumor might touch off a panic that could cost your life.

## ... ABOUT HOUSEHOLD SAFETY

1. Strive for "fireproof housekceping" ...

Don't let trash pile up, and keep waste paper in covered containers. When the alert sounds, be sure to close all fuel and draft doors if you have a coal-burning furnace or wood stove. In other words, do all you can to prevent sparks and to put out or cover open flames.



Know which is the safest part of your cellar. When the alert sounds, do not turn off main supply valves for water, gas and electricity unless advised to do so by civil defense authorities. Know where these valves are located. Do shut off the ordinary, every day controls — thermostats, switches, burners on gas stoves and other heating appliances. In case of oil heaters, turn down thermostat if you have an electric control, or use the safety shut-off switch. On oil stoves and gravity feed oil burners, close the manual control valve.



3. Have emergency supplies, equipment handy... A good flashlight, radio, first-aid equipment, clothes, a supply of

canned goods and bottled drinking water in the house. See your



4. Close windows and doors. draw blinds ..

block warden for a list of items necessary for defense.

If you have time when an alert sounds, close the house up tight to keep out fire sparks and radioactive dusts and to lessen chances of being cut by flying glass. Keep it closed until all danger is past.

5. Use phone only for true emergencies.

for real emergency traffic.

Use the phone only in case of absolute necessity. Leave lines open

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## ... ABOUT THE SAFETY OF YOUR CHILDREN

If they are in school when the alert sounds, DO NOTHING



- School personnel are trained to care for your children during an air raid.
- To assist your school in keeping communication systems open for emergency calls to and from civil defense agencies, do not call school by telephone.
- Go to your own shelter with the knowledge that everything humanly possible is being done for the safety of your children.

## If they are at home, GET THEM OFF THE STREET AND INTO THE SHELTER...

 Keep your children occupied during an alert. A shelter equipped with toys, books, and games will lessen fear and the possibility of panic.

ivil defense means you. It means people trained in first aid, fire-fighting, rescue work. It means a block warden in every block to serve as "safety adviser" for families in his block. It means blood donors to sustain lives of thousands of casualties. It means litter bearers, auxiliary police, stenographic personnel, radiological teams, nurses, doctors, and aides. It means messengers, truck drivers, engineers, canteen helpers, cooks. It means thousands of citizens voluntarily organized into a huge team, ready to offer aid if the situation should ever necessitate it. Find out where you can best serve in CD. A post card with name, address, and special skills to "Civil Defense, Milwaukee" will bring a rapid reply. In neighboring communities, contact your local CD office. Serve proudly. Keep informed about CD. Urge others to participate.

# SAVE THIS BOOKLET— IT MAY SAVE YOUR LIFE