Growing up about us is an organization devoted to Civil Defense. It starts in a small way, gathers momentum and suddenly is all about us and we are part of it. Civil Defense is us. It is our way of taking care of ourselves in emergencies such as fire and flood, and our chance of survival should war clouds drift in, roaring their thunder overhead, dropping their lightning on our cities. Eternal vigilance, the price of freedom, may also be the price of survival. Think of this when the Civil Defense organization asks for volunteers. You have a selfish interest in becoming part of the defense strategy. You’re there to help yourself.
COMMUNICATIONS ARE VITAL!

Communications are a vital necessity in any form of attack. The telephone company has developed a wide-spread, flexible plan for handling emergency messages should the need arise. This involves re-routing of calls around damaged areas, establishing temporary lines and bringing into play immediately the ingenuity of trained telephone men and women to make the most of all resources at hand.

When a bomb drops on a thickly populated area, whatever type of bomb it may be, telephone plant suffers and the service available becomes limited. This service must be available to rescue workers. That’s why it is so extremely important that civilians confine their usage only to direct emergencies.

If the time comes, telephone workers will be ready. They will know what to do and they will do it immediately.
THINGS YOU SHOULD KNOW ABOUT THE ATOM BOMB

1. **Seek cover immediately** — a basement, subway, steel reinforced concrete building. If caught outside unexpectedly, drop down alongside a building or fall flat in a ditch or gutter. Flatten out! If caught in the upper part of your house, get under a bed or table or behind a davenport.

2. **When you drop flat**, bury your face in your arms. Shield the back of your neck with a hand. This will shield your eyes from the flash and flying objects and your face from flash burns.

3. **If the bomb** bursts above ground, wait a few minutes. Then go out and help fight fires. If it bursts underground or underwater, wait at least an hour. Dust clouds and mist from such explosions carry dangerous radioactivity.

4. **To prevent** radioactive poisoning or disease, avoid food and water which has been exposed. Use canned or bottled things.

5. **Don’t start rumors**. In the confusion following a bombing, rumor might touch off a panic that could cost your life and many others.

HOUSEHOLD PRECAUTIONS

1. **Get rid of fire hazards** such as accumulated trash. Keep paper in covered containers. When the alert sounds, shut off the oil or gas burner. Cover all flame.

2. **Go to the safest part** of your cellar. Have emergency supplies and equipment handy to this refuge — a flashlight, radio, first aid equipment and a supply of canned goods. Don’t forget the can opener.

3. **If you have time** when the alert sounds, close up the house. Close windows and doors. Draw blinds. This will help keep out fire sparks and radioactive dust and reduce the hazard of flying glass. Sit tight until all danger is past.

4. **Use the telephone** only for true emergencies. Leave the lines open for rescue operations.
DON’T BELIEVE MYTHS

• Atomic weapons will not destroy the earth. The damage is confined to specific areas. The blast and heat from the bomb are the greatest dangers. Compared with these, radioactivity is a small peril. In small amounts, radioactivity seldom is harmful. Even when radiation sickness follows a heavy dosage, there is still a good chance for recovery.

RUMORS CAUSE CONFUSION

Suggestions in this folder are recommended by the Ohio Civil Defense Organization