

BY, FOR, AND ABOUT **Women in Civil Defense**

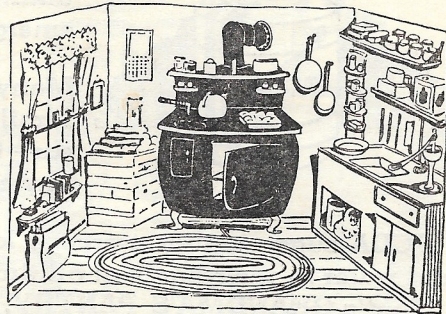
*Mrs. Jean Wood Fuller*

DIRECTOR OF WOMEN'S ACTIVITIES

**GRANDMA'S PANTRY**

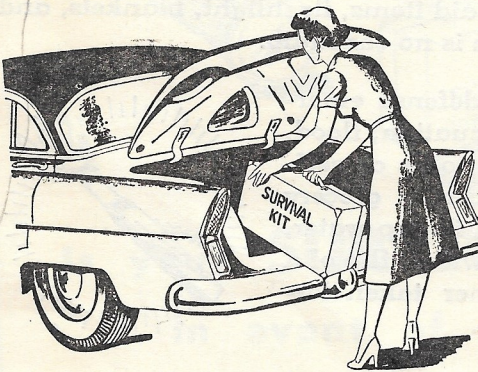
**GOES ON WHEELS**

**GRANDMA'S PANTRY WAS READY**



Is Your "Pantry" Ready in Event of Emergency?

Someday, the most important  
rolling stock in the United States . . .



. . . May be in the trunk  
of the family car.

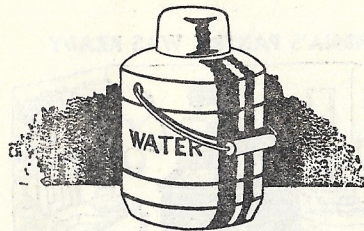
FEDERAL CIVIL DEFENSE ADMINISTRATION - BATTLE CREEK, MICHIGAN

GRANDMA'S PANTRY, its shelves loaded with canned goods and staples, was ready for any emergency.

And when Grandpa announced, "Pack up. We're moving west," Grandma put a portion of her pantry on the wagon, and was ready.

Civil Defense figures Grandma had the right idea at home and on the westward trail.

That's why GRANDMA'S PANTRY, already adopted as a must in home defense preparations, is going on wheels.



Twentieth century "Grandmas" may be moving and moving fast—evacuating their homes—in a civil defense emergency.

Many of them will be traveling in the family car, and they should have the car—their home on wheels—ready for any emergency.

FCDA suggests that everyone keep a seven-day supply of food and water in their home at all times.

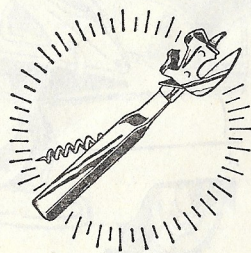
That's GRANDMA'S PANTRY.

FCDA also suggests that everyone keep a three-day EVACUATION SURVIVAL KIT in the trunk of the family car.

That's GRANDMA'S PANTRY ON WHEELS.

The suggested main items for the car trunk kit are a three-day supply of food and water, first-aid items, flashlight, blankets, and a portable battery radio if there is no car radio.

In the first days of a civil defense emergency, such as a preattack evacuation, flood, or tornado, everyone will have to be as self-sufficient as possible. The corner grocery store, the modern kitchen with its tap water, the light and power that come with a flip of a switch—these and many other taken-for-granted services won't be there.



IT PAYS TO GET READY WHILE  
YOUR THINKING IS STEADY

P. S. Don't forget  
the CAN OPENER!!

## GRANDMA'S PANTRY

### GOES ON WHEELS



Is your **SURVIVAL KIT** ready  
in event of Emergency ?

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## SUGGESTIONS FOR PREPARING SURVIVAL KIT SUPPLIES

### SUGGESTED FOODS—Canned or in sealed jars or sealed packages:

Foods purchased in bulk or loosely packaged should be replaced in tightly sealed tin cans, glass jars, or other sealed container.

Fruit and other juices.

Milk and milk powder.

Vegetables.

Soups, liquid and dehydrated.

Stews, meat, fish, cheese.

Bread (canned date, nut, or brown).

Beverages (tea, coffee, cocoa, soft drinks).

Infant food.

Sugar, salt, seasonings.

Hard candy, gum.

Cigarettes, tobacco.

**WATER**—Detailed information on water purification and emergency water requirements is given in "WHAT TO DO NOW ABOUT EMERGENCY SANITATION AT HOME," FCDA, H-11-1. This should be kept in your kit for reference.

**REPLACE THE WATER AND PERISHABLE SUPPLIES PERIODICALLY WITH FRESH SUPPLIES.**

### OTHER SURVIVAL SUPPLIES

Flashlight and batteries.

First aid kit.

One blanket for each person.

Portable battery-powered radio and extra batteries.

Infant and invalid care items.

Toilet soap and laundry soap.

One or two cooking utensils, can opener.

Shovel, crowbar.

Everyone should realize the critical importance of self-help in preparation for survival. The following references are recommended for careful study:

**GRANDMA'S PANTRY**—FCDA Newsletter 1955

**SIX STEPS TO SURVIVAL**—FCDA leaflet

**CIVIL DEFENSE HOUSEHOLD FIRST AID KIT**—FCDA, TB-11-12

\***WHAT YOU SHOULD KNOW ABOUT RADIOACTIVE FALL-OUT**—FCDA, PA-7

\***HOME PROTECTION EXERCISES**—FCDA, third edition

\***WHAT TO DO NOW ABOUT EMERGENCY SANITATION AT HOME**—FCDA, H-11-1

\***EMERGENCY ACTION TO SAVE LIVES**—FCDA, booklet PA-5

**FOUR WHEELS TO SURVIVAL**—FCDA leaflet

\*It is recommended that pamphlets marked \* be kept in the Survival Kit for reference in an emergency.